

Meet Jaz

Jaz Goven is an Emotional Freedom Technique Therapist, NLP Practitioner and AAMET Trainer Living and practicing in Bangkok, Thailand Jaz has a thriving practice and has touched the lives of many with her intuitive sincerity and gentle mastery. Hi there and WELCOME to my website: JazTaps.com and home to one of the most dedicated and passionate EFT'ers in the business. My fascination with healing started ten years when I co-founded Bangkok's first Holistic Development Centre and was exposed to a variety of healing modalities, many of which I studied, and became proficient in. These including Reiki, Merlin Trinity, negative Ion Therapy, NLP, Qi Gong and Yoga. Healing became my passion and I 'ate' everything that came my way. However, one stood out 'head and shoulders' above the rest, in terms of simplicity, speed and effecting long-term, dramatic change, and that was Emotional Freedom Technique. I watched and marveled how this powerful yet simple technique transformed people's lives by dissolving core issues quickly and painlessly. It didn't seem to matter whether it was a mental, emotional or physical issue, EFT did the job, and left clients feeling uplifted, lighter and with greater clarity. It became apparent that this was the modality I had been looking for to make my own and I quickly set about learning and mastering this technique. My many clients and I haven't looked back since! After qualifying as a practitioner, I started my own practice and attracted to me people with alcohol abuse issues, cravings and emotional eating and weight problems. I have subsequently devised and launched a successful 4 week weight loss program whereby clients lose their emotional kilos first, which then allows the physical kilos to drop off easily naturally. My clients' issues are as broad as life itself and I treat each and every one with the personal care and attention that only one who has shared these experiences, and knows how it feels to 'feel as you feel', can do. Having been 'through the mill' myself I have discovered an ability to 'get' into my clients' space and help them unravel their own ball of string! We all have issues and problems that we can't resolve by ourselves. EFT is the premier tool for resolving these, thus allowing us to become the person we really are. I invite you to experience this wonderful technique. You can contact me directly to find out more about EFT and how to get started.

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